

People who help us



Now more than ever we are very much aware of those people that help us. Here is a 2-week topic on those 'people who help us', with a few suggested activities.

In years to come children will be studying this period of history. We are making history. So why not create a scrap book or time capsule sharing what you did, how you felt, who was there with you, what happened in Bridgwater. This would be great to share when we do return.

However, the most important thing is to enjoy the time with your children, to do things together, and keep safe. We do recommend that you create a daily routine with a variety of activities. With that in mind, the next few pages are some activities that you can do with your child, some general and some based on the topic 'People who help us'. Remember, it is supposed to be fun, for you and your child.

General Tasks

There is so much resources that we use as teachers that have become free for you to use through this challenging time.

- Twinkl - There is so much stuff here to help you at home, with worksheet or activities, phonics to music. They have produced a home learning part of the site, as well as information and ideas just for parents. This can be found at:
<https://www.twinkl.co.uk/resources/covid19-school-closures>
The signup code is: CVDTWINKLHELPS

Phonics Tasks

One of the key learning in Yr1 is phonics. These are the letters and sounds individual letters make as well as groups of letters together. Look at the Phonics Tasks in your Easter Pack. Please could you do one task per day.

- Phonics Play - Lots of phonics games and activities. This can be found at:
<https://www.phonicsplay.co.uk/> with the Username: March20 and the Password: home
- Another phonics page we use is Monster Phonics: <https://monsterphonics.com/> with the Username: login and Password: homelearning
- The last phonics we would recommend is Oxford Owl:
<https://home.oxfordowl.co.uk/reading/learn-to-read-phonics/>

There is a constant stream of ideas and links on the Facebook page - "family lockdown tips and ideas". I would recommend you look at this page - but not feel as if you need to do them all!

There is so much available online with lots of celebrities and companies offering free services during this time:

- Music with Myleene Klass
([YouTube.com/myleenesmusicclass](https://www.youtube.com/myleenesmusicclass))
- Dance with Oti Mabuse
([YouTube.com/otimabuseofficial](https://www.youtube.com/otimabuseofficial))
- Maths with Carol Vorderman
(themathsfactory.com)
- History with Dan Snow
(tv.historyhit.com)
- Stories with David Walliams
(worldofdavidwalliams.com)
- Art with Simon Hetherington on Facebook Mon and Thurs 10.30
- Food with Jamie Oliver
(channel4.com/keepcookingandcarryon)

Amazon have cancelled the subscription of books and audio stories with a huge collection of stories..

([stories.audible.com/start-listen](https://www.stories.audible.com/start-listen))

Good luck and have fun together....

Weekly Reading Tasks

Again, look at you Easter Home Learning Pack for some brilliant ideas. Pick one a day. Here are some additional ideas are:

- Read a novel (chapter book) to your child, such as David Walliams or Harry Potter.
- Listen to a story (BBC bedtime stories - a new one every day)
- Make a new front cover for a book you have read. Who would you put on the front?

Weekly Maths Tasks

Look at your Easter Pack for some great ideas about what Maths you can do daily. Pick one a day. Here are some additional ideas:

- Set up a tuck shop for daily snacks where they get given a set amount of money for the day to buy snacks.
- Make a timetable of the day looking at the days of the week, as well as the time each activity is starting. Draw the clock, with the long hand the minute hand and the short hand the hour hand.
- Go on a shape hunt. First one to find 3 triangles. Do the same for circles, rectangles, squares.

Weekly Writing Tasks

There are lots of ideas in the Easter Pack, here are some other ideas:

- Write down something new they can see from the window? (signs of spring?)
- Look at the daily picture on <https://www.pobble365.com/> and describe what you see. There are lots of strange pictures. Does it inspire you to write a story?

Other Weekly Tasks

Science

- Spot some signs of Spring in the garden...
- What animals can you find (be careful to put them back where you found them....)

PE

- Start each morning with a good wake up! Daily 30mins exercise by logging onto YouTube and watching Joe Wicks (PE with Joe) who is doing it live every morning at 9am. If you miss this time, then previous exercise routines are on there.

History

- Find 'Horrible Histories' on BBC (Internet) and write 3 interesting things you have learnt from each program. (there are also games linked to each one)

Design Technology

- Help make some cakes or biscuits for the family. Don't forget to wash up afterwards.

English

- Make a list of all those people who help you. Think about the different places where you need help; in your home, in school, in clubs outside school. Also, think about when you may be in difficulty. This list could be added to during the topic.
- Activity Sheet A - fill in the blanks with the people who help us.
- Make a Thank You card to one of the people who help us. Remember to write why you are thanking them. You could, if possible, send it!



Art

- Make a front cover for your project with pictures of some of the people who help you.

Maths

- Activity Sheet C - Practice some addition and subtraction problems based on people who help us. Write 3 problems for an adult to solve.

Design & Technology

- Build an emergency vehicle out of things at home - cardboard boxes, plastic bottles, etc.



Computing

- Activity Sheet B - Choose 3 or more people who help us and complete a fact file about each of them. You will have to research these on the Internet or ask an adult.

History

- Find out what emergency vehicles looked like in the past. Draw and label some of them.



People who help us

Activity Sheet A - Who helps us?

Fill in the blanks to complete the sentences.

A _____ helps us to learn.

A _____ takes care of our pets.

A _____ helps us cross the road safely.

A _____ mends the roads.

A _____ brings us our mail.

The _____ helps keep us safe with the law.

A _____ helps us take good care of our teeth.

A _____ helps us get better when we are sick.

A _____ brings us our milk.

A _____ puts out fires.

A _____ gives us medicine.

Activity Sheet B - Fact File

Draw a picture of the person (label the clothes that they are wearing)

What do they do?

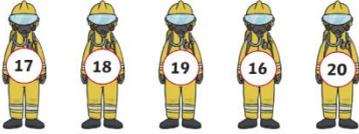
Draw a picture of where they work.

Activity Sheet C - Firefighter Maths

These get harder the more you do....

Charlie the Firefighter ★

The firefighters are put in number order.



Is the sequence correct?
How do you know?

1

Charlie the Firefighter ★

A fire engine has 6 wheels.
Two fire engines have 12 wheels altogether.



Is this correct?
How do you know?

2

Charlie the Firefighter ★

There are 10 children on the bus.
4 get off the bus.
There are 5 children left on the bus.



Is this correct?
How do you know?

3

Charlie the Firefighter ★

Tulip Class get on the bus at 9 o'clock.
They get to the fire station at 10 o'clock.
It takes them 2 hours to get to the fire station.



Is this correct?
How do you know?

4

Charlie the Firefighter ★★

There are 3 ladders on the fire engine.
The shortest ladder on the fire engine is 5m.
The tallest ladder is 10m.



How high could the third ladder be?
How do you know?

5

Charlie the Firefighter ★★

12 children are at the fire station.
Half of them get to sit in the fire engine.
The rest get to use the hose.



How many children get to use the hose?
How do you know?

6

Charlie the Firefighter ★★

It takes Charlie half an hour to put a fire out.
She starts to fight the fire at half past 3.
The fire is put out at 4 o'clock.



Is this correct?
How do you know?

7

Charlie the Firefighter ★★

Charlie thinks of a number.
She says if you add 10 to it, the answer is 17.



What is Charlie's number?
How do you know?

8

Charlie the Firefighter ★★

Charlie has 3 digits.



She says that the highest 2-digit number she can make is 82 and the lowest 2-digit number she can make is 26.

Is Charlie correct?

9

Charlie the Firefighter ★★★

A bus ticket to the fire station costs 50p.

Does Medinah have enough money to get to the fire station?



Will she have any money left over?

10

Charlie the Firefighter ★★★

There are 10 buckets on each fire engine.
Charlie says that 3 fire engines will have fewer than 50 buckets in total.



Is Charlie correct?
Can you explain your thinking?

11

Charlie the Firefighter ★★★

Charlie describes a hexagon.
She says that it has 5 sides and 6 vertices.



Is Charlie correct?
How would you describe a hexagon?

12

Now write some problems for an adult to solve.

Music

Have fun teaching the song 'Bungalow' to your family. Click on the link or use the words to remind you how it goes:

https://www.singup.org/fileadmin/user_upload/Landing_Pages/Home_Schooling_Area/Bungalow_performance_track.mp3



Bun - galow, Bun, bun - galow,
Bun - galow, Bun, bun - galow.

Hey [Jessie]! Hey [Jessie]!
Let me see your bungalow,
Let me see your bungalow.

My hands are high, my feet are low
And this is how I bungalow!
This is how I bungalow!

Her hands are high, her feet are low,
And this is how she bungalows! This is how she bungalows!

Sing this song about people who help us, using the tune to 'The Wheels on the Bus':



The teacher in the class says, 'Read with me, read with me, read with me.' The teacher in the class says, 'Read with me. Read with me.'

The lollipop man says, 'You can cross, you can cross, you can cross.' The lollipop man says, 'You can cross. You can cross. ;

Try making up some more verses starting with:

The cook in the kitchen says,

The nurse on the ward says,

The firefighter on the ladder says,

RE

Many people in the world believe that a god will help them in times of trouble.

Christians believe that Jesus helps them at all times.

Watch this story that comes from the special Christian book called the Bible.

<https://www.youtube.com/watch?v=ZzPwRXytr7U>

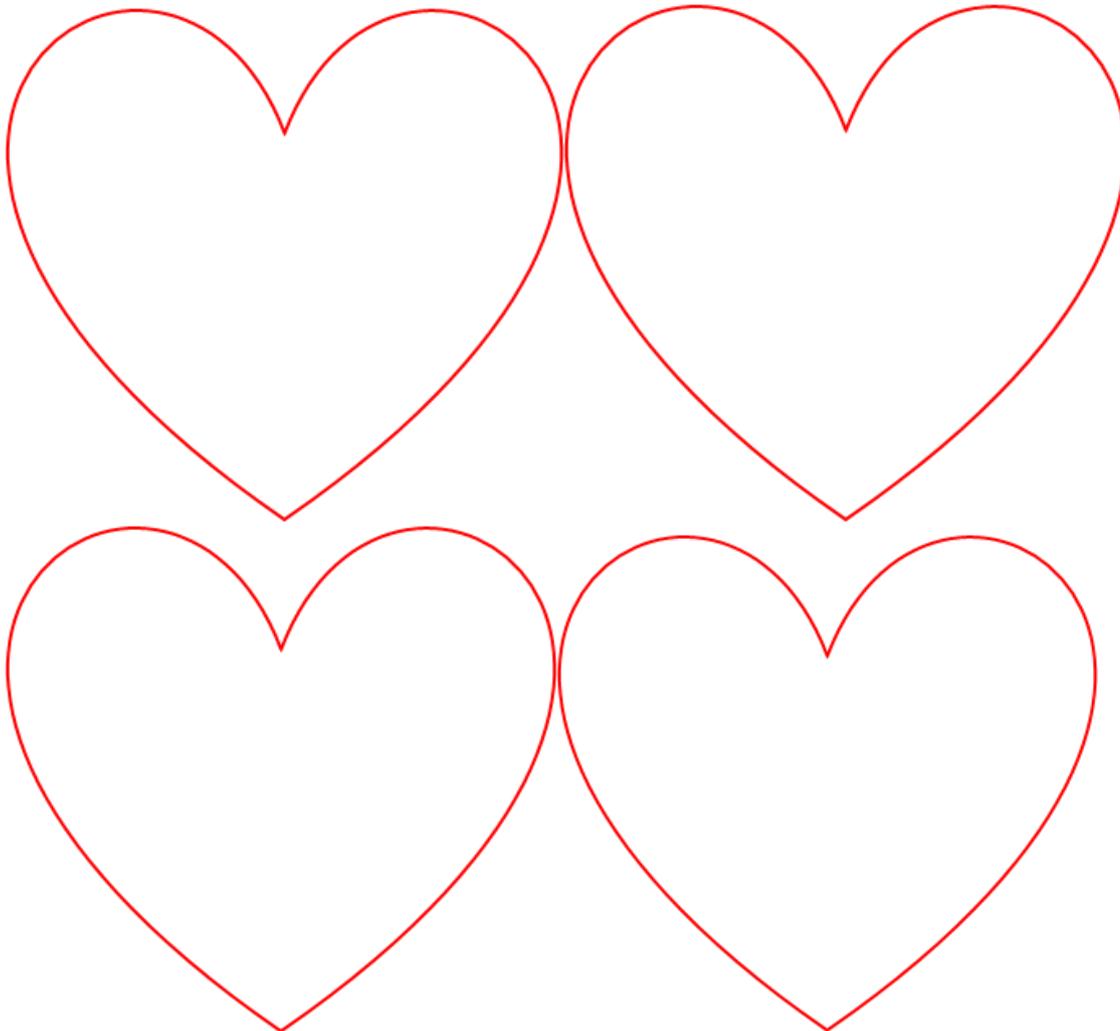
You might like to answer these questions about the story. There are no right answers. Just say what **you think:**

How did the disciples or the friends of Jesus feel about the storm?

What did Jesus do about the storm?

Challenge question: Why didn't Jesus stop the storm straight away?

You might like to use the hearts as picture frames and draw pictures of people you know who need help at the moment.



Lastly, for those of you who are just curious, here are some curious challenges to do....

<p><u>Get Curious Challenge 1</u></p> <p>Can you learn how to spell your name in sign language?</p> <p>Can you sign...</p> <ul style="list-style-type: none">• Yes• No• Hello• Goodbye• Mummy• Daddy	<p><u>Get Curious Challenge 2</u></p> <p>Watch an episode of 'Maddie's Do You Know?' on Cbeebies or 'Let's Go Live with Maddie and Greg' on YouTube.</p>
<p><u>Get Curious Challenge 3</u></p> <p>Write a book about...</p> <ul style="list-style-type: none">- Dragons- Dinosaurs- Sharks- Pokemon- Space	<p><u>Get Curious Challenge 4</u></p> <p>What's the best thing to use to clean a coin?</p> <p>What do you predict?</p> <p>Now test it out!</p>
<p><u>Get Curious Challenge 5</u></p> <p>Collect some objects from around the house.</p> <p>Do you think they will float or sink?</p> <p>Now test it out!</p>	<p><u>Get Curious Challenge 6</u></p> <p>What's the quickest way to rescue a dinosaur from a block of ice?</p>
<p><u>Get Curious Challenge 7</u></p> <p>Build a bug hotel.</p> <p>What do you need to put in it to make the bugs want to visit?</p>	<p><u>Get Curious Challenge 8</u></p> <p>How slowly can you make a dinosaur fall?</p>
<p><u>Get Curious Challenge 9</u></p> <p>Find and draw 10 things from around the house that use electricity to make them work.</p>	<p><u>Get Curious Challenge 10</u></p> <p>Draw around your body. Label your body parts. Can you label your internal organs too?</p>

Get Curious Challenge 11

Find some food from the cupboards and fridge. Sort them into the different food groups:

- Sugars
- Fats
- Meat
- Grains
- Fruit
- Dairy

Get Curious Challenge 12

Make a treasure hunt list (of toys, in the garden, on our walk...)

Count how many of each you find.

Draw them on a chart...

Get Curious Challenge 13

Make a sundial. Draw where the shadow is at different times of the day.

Why do you think this happens?

Get Curious Challenge 14

Make a musical instrument.

Can you make it play different notes?

Get Curious Challenge 15

Collect some objects from around the house.

Do you think they will be magnetic?

Now test it out!

Get Curious Challenge 16

What minibeasts can you find under a rock in the garden?

Draw them.

Are there different minibeasts under a rock in a different part of the garden?

Get Curious Challenge 17

Find 5 things you can shine light through and 5 things you cannot. Record them on a chart.

Things you can shine light through	Things you cannot shine light through

Get Curious Challenge 18

Put a white flower in some water with food colouring in.

What do you think might happen?

A week later....were you right?

Get Curious Challenge 19

From the garden, collect:

- 5 things that are green
- 5 things that are spiky
- 5 things that are tiny
- 5 things that are heavy
- 5 things that are man made

Get Curious Challenge 20

Plant some seeds.

Every week draw it so you can see it has changed.

Below are some additional online learning resources that you may wish to look at to help...

- BBC Learning - <http://www.bbc.co.uk/learning/coursesearch/>
This site is old and from 20th April is to be updated massively. Howeverm there is so much still available, from language learning to BBC Bitesize for revision. No TV licence required except for content on BBC iPlayer.
- Premier League Primary Stars
<https://r1.dmtrk.net/3VTU-14108-13344SN3B5/cr.aspx?v=0>
Spellings and Maths activities with a Premier League theme where children can pick their favourite team.
- Blockly - <https://blockly.games>
Learn computer programming skills - fun and free.
- Scratch - <https://scratch.mit.edu/explore/projects/games/>
Creative computer programming
- Ted Ed - <https://ed.ted.com>
All sorts of engaging educational videos
- National Geographic Kids - <https://www.natgeokids.com/uk/>
Activities and quizzes for younger kids.
- Mystery Science - <https://mysteryscience.com>
Free science lessons
- The Kids Should See This - <https://thekidshouldseethis.com>
Wide range of cool educational videos
- Crash Course Kids - <https://m.youtube.com/user/crashcoursekids>
YouTube videos on many subjects
- Crest Awards - <https://www.crestawards.org>
Science awards you can complete from home.
- Paw Print Badges - <https://www.pawprintbadges.co.uk>
Free challenge packs and other downloads. Many activities can be completed indoors. Badges cost but are optional.
- Tinkercad - <https://www.tinkercad.com>
All kinds of making.
- Cbeebies Radio - <https://www.bbc.co.uk/cbeebies/radio>
Listening activities for the younger ones.
- Nature Detectives -
<https://naturedetectives.woodlandtrust.org.uk/naturedetectives/>
A lot of these can be done in a garden, or if you can get to a remote forest location!
- Khan Academy - <https://www.khanacademy.org>
Especially good for maths and computing for all ages but other subjects at Secondary level. Note this uses the U.S. grade system but it's mostly common material.

- British Council - <https://www.britishcouncil.org/school-resources/find>
Resources for English language learning
- Geography Games - <https://world-geography-games.com/world.html>
Geography gaming!
- Blue Peter Badges - <https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges>
If you have a stamp and a nearby post box.
- The Artful Parent - <https://www.facebook.com/artfulparent/>
Good, free art activities
- Red Ted Art - <https://www.redtedart.com>
Easy arts and crafts for little ones
- The Imagination Tree - <https://theimaginationtree.com>
Creative art and craft activities for the very youngest.
- Toy Theater - <https://toytheater.com/>
Educational online games
- DK Find Out -
<https://www.dkfindout.com/uk/?fbclid=IwAR2wJdpSJSITf4do6aPhff8A3tAktmPaxqZbkqudD49l71ep8-sjXmrac>
Activities and quizzes
- Purple Mash - <https://2simple.com/blog/using-purple-mash-when-school-closed/>
Free access to their online platform during school closures
- Maths Shed & Spelling Shed - www.edshed.com
14 day free trial, and will extend any new free trials for the duration of closures
- Times Table Rock Stars - <https://ttrockstars.com/page/covid19support>
- Oxford Owl - <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/>
Free eBook Library online for pupils to access if at home
- Teach your Monster to Read
https://www.teachyourmonstertoread.com/?gclid=Cj0KCQjwu6fzBRC6ARIsAJUwa2QMIBBycYzetyWtOLKL96WI56ePvxD8_EHd5OzahUNYhSwbg7FDoQgaAjeiEALw_wcB
Free app and website to use for phonics games