

EYFS Water Music Activities

1 Body Warm Up

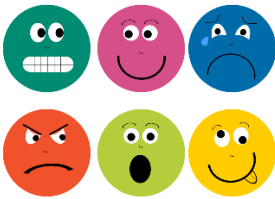
Watch the clip to learn a song that helps you use all parts of your body:
Jumping up and down, jumping up and down,
Keep it steady, keep it steady, jumping up and down.



Running on the spot
Stretching to the sky
Clapping both our hands

https://www.youtube.com/watch?v=r_K8nuiR7M

Keep watching the clip to try out making different kinds of faces to relax your face muscles.



2 Warm Up Your Voice

Make different water sounds with your voice such as:

a dripping tap, water going down the plug hole, a flowing river, a stormy sea



3 Learn a Water Song

Learn these songs about rain:

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-its-raining-its-pouring/z6hq92p>

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-i-hear-thunder-andy-day/zvjr4j>

