

EYFS Water RE/PHSE Activities

1 Fill a Bowl With Water

If you use a bowl that you can see through that will be really good, but any bowl or bucket would do.



2 Watch the Water

Put your hand on the surface of the water and let your fingers wriggle in the water. Talk about the water with someone and what it looks like or feels like.



3 Relax and Do Some Thinking

Close your eyes as you let your hands play in the water gently. Think about things or people that make you happy.

