

Year 1 Water Music Activities

1 Body Percussion Warm Up

Try using different parts of your body to make sounds. You can clap your hands, tap your knees, click your fingers and stamp your feet. Click on this link and watch the 'This is Me' clip for more body percussion ideas:



<https://www.bbc.co.uk/bitesize/articles/zb9djhv>

2 Rhythm Pattern Imitation

Click on the link and watch 'Forbidden Rhythm' which shows parents and carers how to clap a rhythm for children to copy:



<https://www.bbc.co.uk/bitesize/articles/zb9djhv>

Clap rhythms first and then create ones using taps, clicks and stamps. Your child could make some up for you to copy.

3 Warm Up Your Voice

Make different water sounds with your voice such as:

a dripping tap, water going down the plug hole, a flowing river, a stormy sea



4 Learn Some Songs

Learn this song about Dr Gloucester who got caught in a shower of rain:

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-doctor-foster-went-to-gloucester/zkfk6v4>

Sing this song about rowing down the stream:

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-row-row-your-boat/zjp7kmn>

You could try singing it as a round starting at different places in the song.